

UNI, TOTAL OR BICOMPARTMENTAL KNEE OA: MY PHILOSOPHY

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Some typical examples

- Selection of patients
- Age
- Functional demand
- Location of the pain
- Laxity



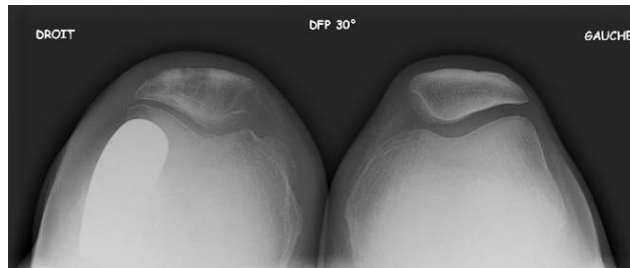
Case 1

- 48 y
- 1980 ACL + Lateral meniscectomy
- Painful lateral side, unstable



Treatment:

- UNI+ACLR

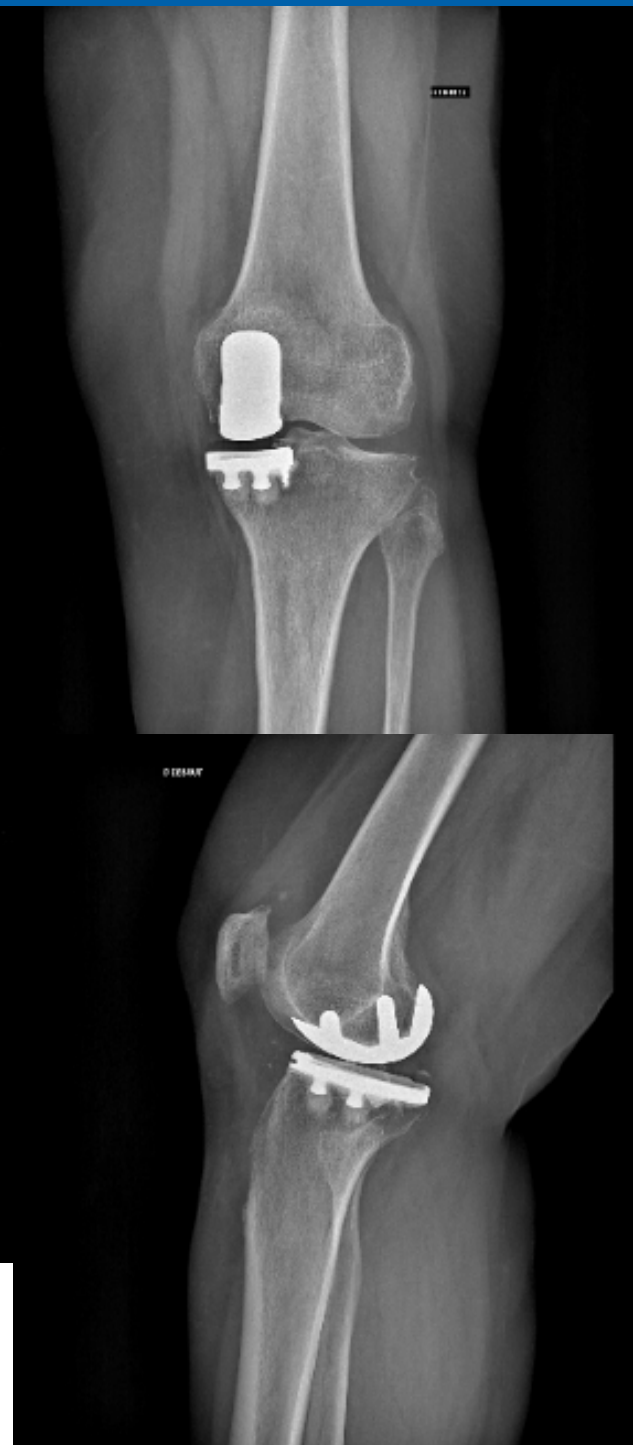
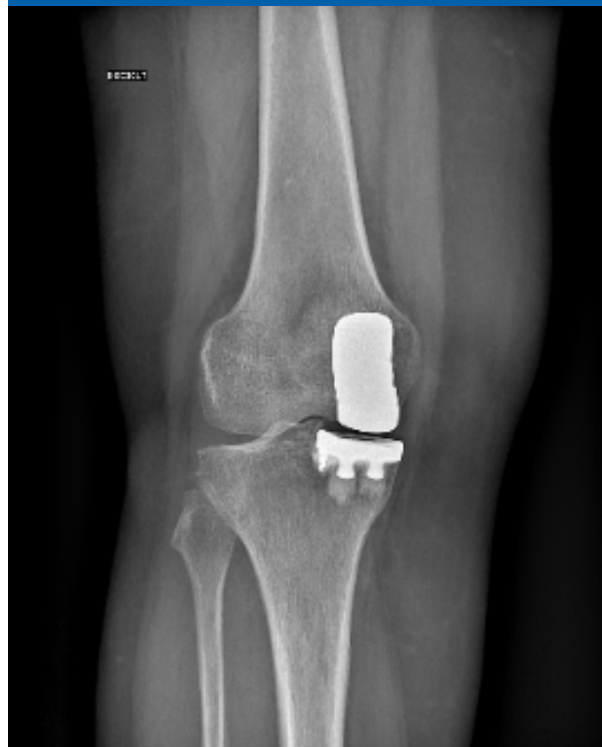


Case 2

88 Y
Pain
Both knees



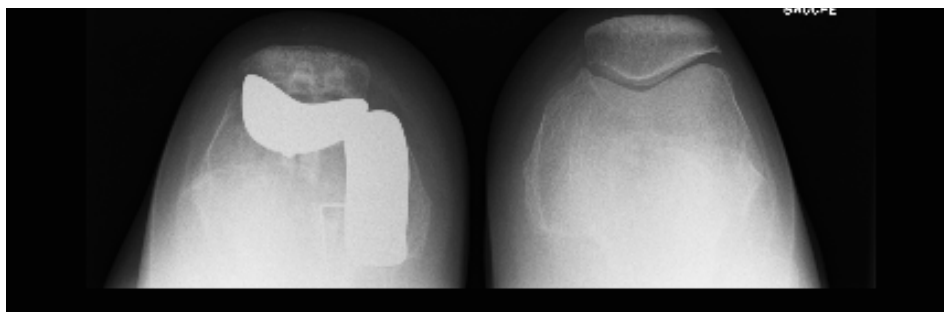
TREATMENT



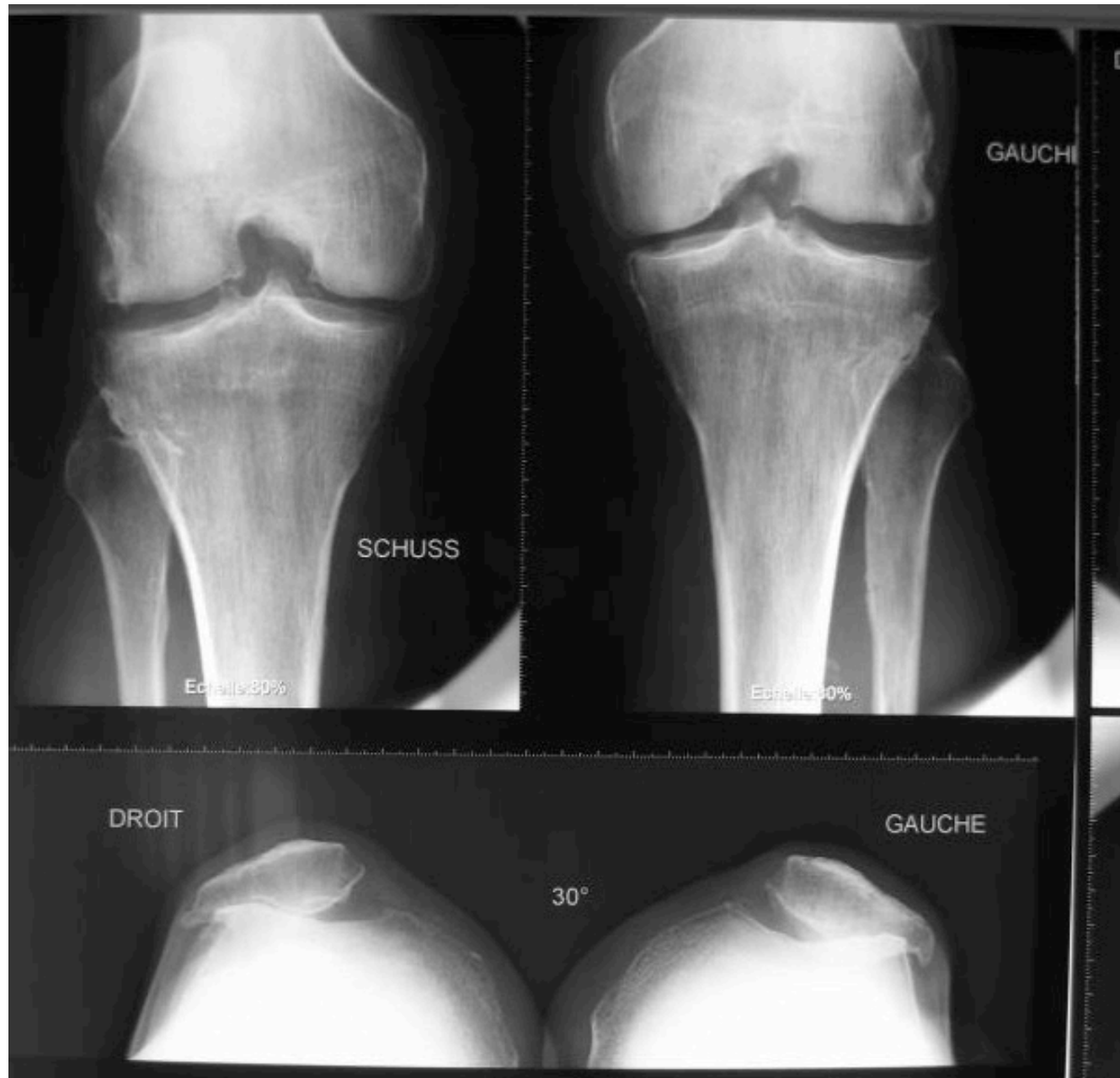
Case 3

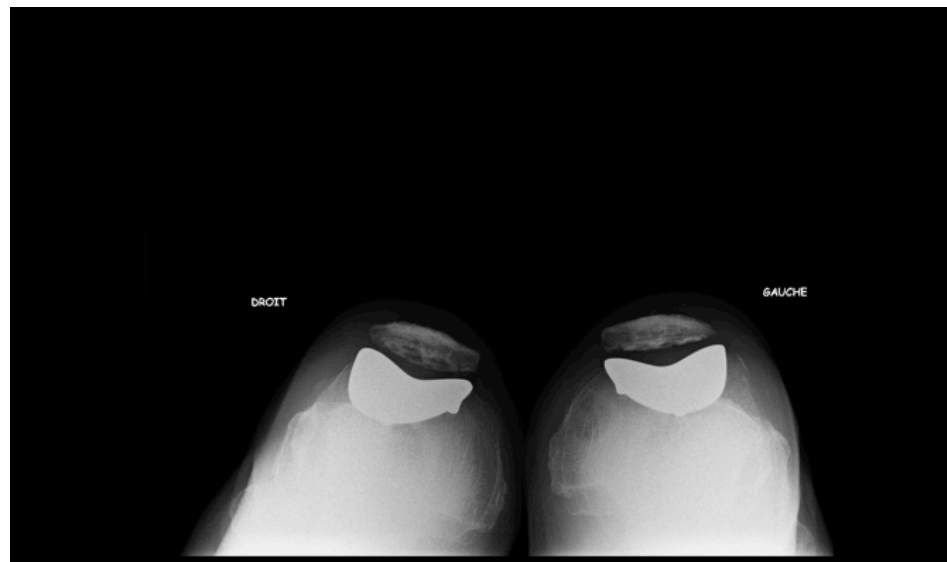
- REAL bicompartemental OA
- Medial meniscectomy long time ago
- AND: PF OA (patellar fracture long time ago)
- SO: UNI OA X2





CASE 4: Mr X: 90 y





Conclusions:

- Surgery depending on OA, few PF OA are symptomatic
- Depending on the patients expectations
- If painful unicompartamental TF OA: UNI
- If Bicompartamental OA... Almost total OA= Total knee replacement !